

## The Bare Creek Track



**3 hrs 15 mins**

**Moderate track**

3

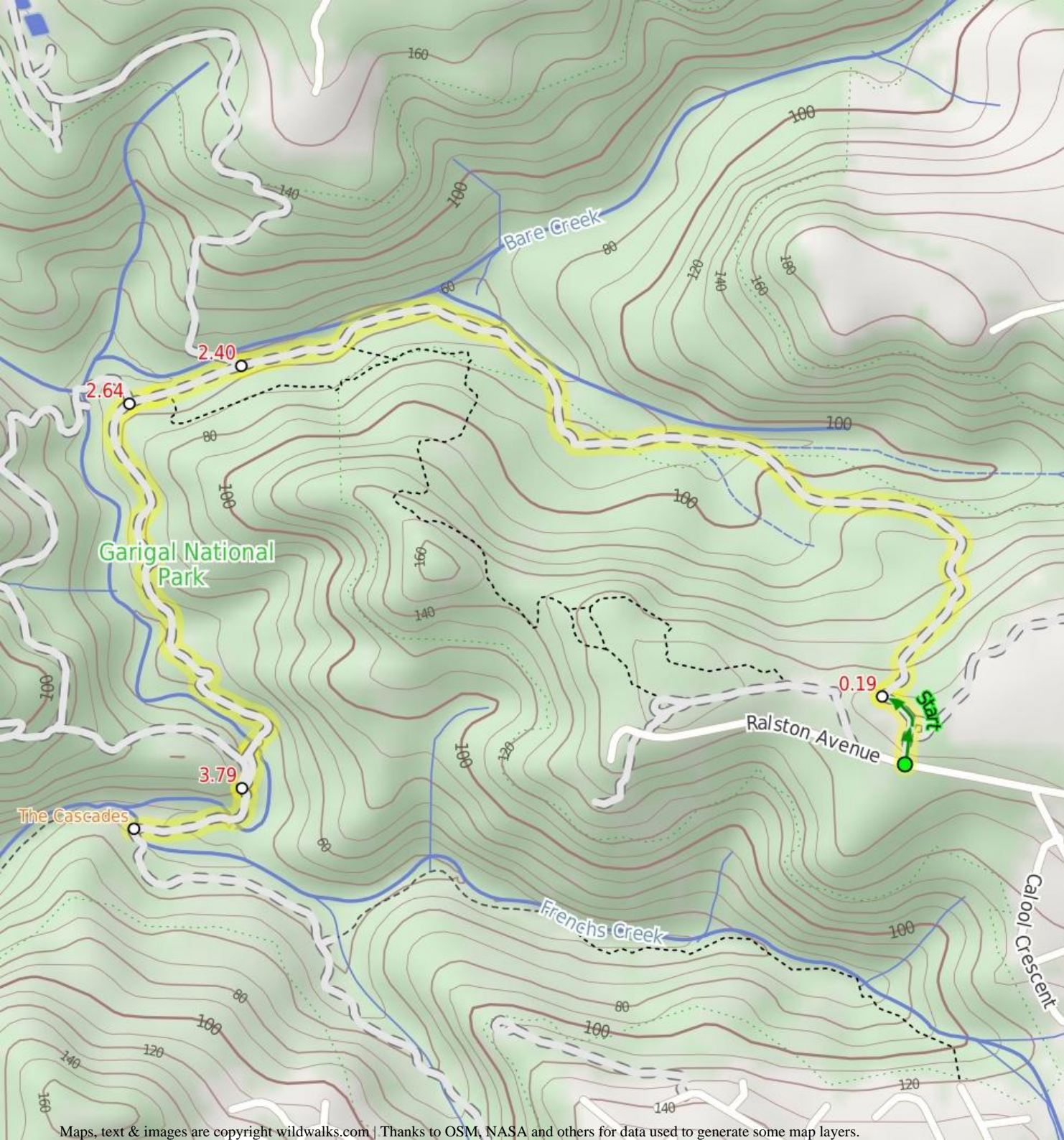
**8.2 km Return**

**265m**

This pleasant return walk starts from the outskirts of Belrose and follows the management trails through Garigal National Park to the bottom of the valley and along Bare Creek to the cascades. The cascades are a good place for a break before returning along the same route.

27m

Garigal National Park





### **Are you ready to have fun?**

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

**Getting there** You can get to Ralston Ave (gps: -33.7272, 151.2055) by car or bus. Car: There is free parking available. This is a return, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/tbct>

### **0 | Ralston Ave**

*(190 m 3 mins)* From the intersection (on Ralston Ave, approximately 260 metres west of the intersection with Elm Ave), this walk follows the management trail past the large repeater tower(right) and house (left). The trail then bends to the left and continues through the bush to the signposted intersection with the 'Heath Trail' (to the right).

### **0.19 | Int of the Heath and Ralston Ave service trails**

*(2.2 km 48 mins)* Turn right: From the intersection, this walk follows the 'Heath Trail' sign. The walk heads down the hill along the management trail, passing a metal gate and 'Garigal National Park' sign. The walk continues along the trail for quite some time, passing a number of short power line maintenance trails as it winds through the bush. At the bottom of the valley, the trail runs parallel to a creek for a short while before coming to an intersection with a trail (which heads down across the creek, on the right).

### **2.4 | Int of Quarry Road and Bare Creek Tracks**

*(240 m 4 mins)* Continue straight: From the intersection, this walk follows the management trail, keeping Bare Creek on the right and the ground sloping up to the left. Soon, the walk comes to an intersection with a bush track.

Continue straight: From the intersection, this walk follows the management trail up the hill, to the intersection with another management trail on the right.

### **2.64 | Int of Bare Creek and Lower Cambourne service trail**

*(1.1 km 24 mins)* Continue straight: From the intersection, this walk follows the management trail over the crest of the hill

and down the other side, with the ground sloping up to the left.

The track continues through the bush for a long while, descending a little every now and then, until it turns down to the right and crosses the creek, continuing up the other side to the intersection with the link track (which climbs up the rocky hill).

Veer left: From the intersection, this walk follows the management trail away from the creek, with the ground sloping up to the right. It soon comes to the intersection with the Cascades management trail (where there is a 'Bare Creek Track' sign).

### **3.79 | Int of Bare Creek and Cascades service trails**

*(300 m 5 mins)* Turn left: From the intersection, this walk follows the 'Cascades Track' arrow along the service trail, heading down the hill and across a creek, continuing up the other side as the track winds through the bush for a short while before crossing a creek and coming to the cascades.

### **4.09 | The Cascades**

The Cascades are a series of small cascades (little waterfalls) in Garigal National Park. The cascades centre around a large rock platform on Middle Harbour Creek and are found in the northern section of the park, at the intersection of the Middle Harbour and Cascade Tracks. The cascades make a great spot to sit and rest when exploring the area.

